

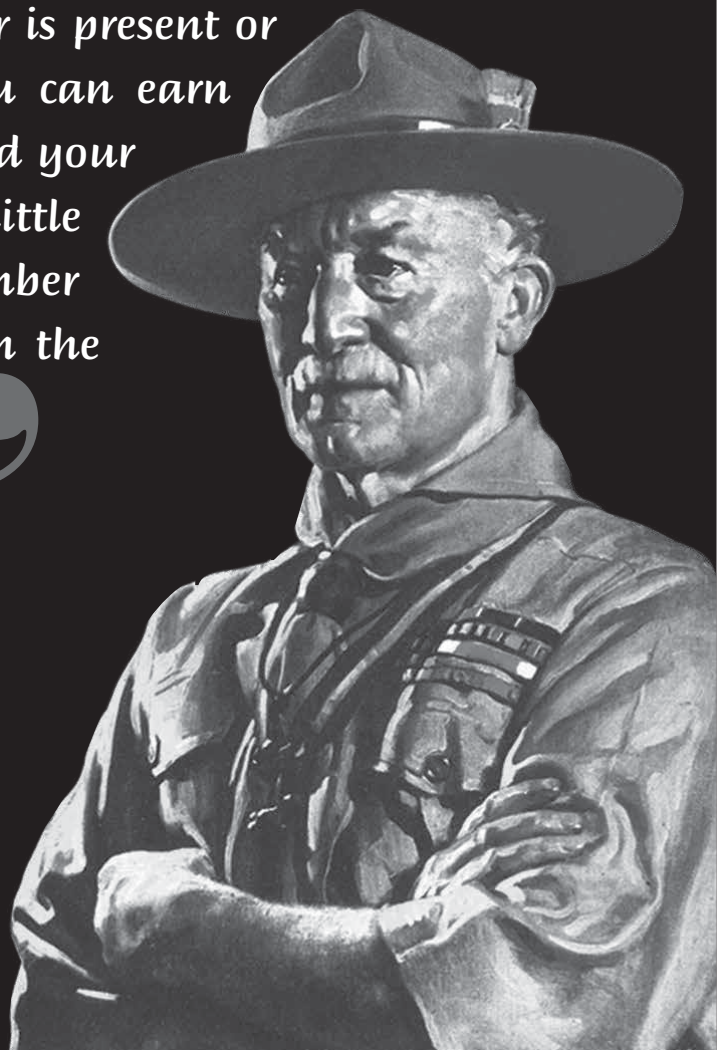


NAME			
SUB-CAMP		PATROL	
SCHOOL		UNIT	

I want you Patrol Leaders to go on and train your patrols entirely yourselves, because it is possible for you to get hold of each boy in your patrol and make a good fellow of him. It is no use having one or two brilliant boys and the rest no good at all. You should try to make them all fairly good.

The most important step to this is your own example, because what you do yourselves, your Scouts will do also. Show them that you can obey orders and that you carry them out whether your Scout Leader is present or not. Show them that you can earn Badges for Proficiency, and your boys will follow with very little persuasion. But remember that you must give them the lead and not the push.

Baden Powell



GOALS AND OBJECTIVES

Goals

- To provide opportunities that stimulate the development of each camper's leadership journey
- To provide situations for each camper to set goals and challenge themselves while discovering his/ her own skills and abilities
- To allow each camper to experience patrol and group setting

Objectives

- Scout participants will be able to:
 - describe the role and qualities required of the Patrol Leader
 - describe the role of the Patrol System towards the members and group
 - conduct a PIC and/ or PLC with his/ her members
 - conduct a patrol activity with his/ her members

Outcome

- To know the skills of a leader to lead a patrol/ small dynamic team
- Participant to take turns acting as a Patrol Leader

INTRODUCTION TO WEST AREA SLC

The SLC – Area Level is a platform for various sections ranging from the Scouts to Leaders to train on their leadership skills. This platform enables Scouts to be aspiring Patrol Leaders, Ventures and Rovers to be instructors or camp committee members and Leaders to be facilitators.

The SLC will focus solely on allowing the Scouts to be empowered as Patrol Leaders and to exercise this empowerment through a series of activities ranging from Scouting to Non-scouting elements so as to create a sense of self-awareness, self-management and resilience in their self-identity as a Patrol Leader. At the same time, it allows leaders to be empowered to share and inculcate leadership in the Scouts through facilitation.

This year's theme for SLC: Empowering Patrol Leaders speaks about the need for empowerment to be given to the Youth Leaders so as to exercise leadership in a safe and secure parameter within their Scout Unit.

Why is SLC needed?

SLC is an alternative foundation step for the Scout members to embark on their leadership journey that will enable the members to be aware of the leadership roles and responsibilities in a patrol and group setting.

This will enable the Scout members to get out of their comfort zone so as to understand themselves as an individual and also their peers who are undergoing this learning journey together. This will better reinforce their awareness, confidence and attitude towards becoming a better Scout through the practice of being a Patrol Leader.

The goal of the campers is to better equip themselves with as much realism of a patrol and group setting so as to continue to improve on their individual patrol and group practices and culture going forward from the camp, with a platform that enables open sharing, learning and experiencing.

PROGRAMME

Time	02 June 2017 (Friday)	03 June 2017 (Saturday)	04 June 2017 (Sunday)	
0600		Reveille		
0630		Morning PT		
0700		Breakfast		
0730	Camp Staff Report	Flag Break		
0800	Candidates Registration	Morning Inspection	Strike Camp/Area Cleaning/Programme Leaders' Debrief	
0830				
0900				
0930	Opening Ceremony	Telematch (Sub-Camp 2) First Aid (Sub-Camp 1)	Programme Leaders' Debrief	
1000	Photo Taking			
1030	Sub-Camp Briefing			Closing Ceremony
1100				Dismissal
1130				
1200	Lunch			
1230				
1300	Scout's Own / Reflection			
1330	Camp Development	Orienteering (Sub-Camp 1) Backwoodsman (Sub-Camp 2)		
1400				
1430				
1500	Telematch (Sub-Camp 1) First Aid (Sub-Camp 2)	Orienteering (Sub-Camp 2) Backwoodsman (Sub-Camp 1)		
1530				
1600				
1630				
1700	Song Session (Part 1)	Dinner		
1730				
1800	Dinner	Campfire Preparation		
1830				
1900	Song Session (Part 2)	Campfire		
1930				
2000				
2030				
2100				
2130				
2200	Supper / PIC			
2230				
2300	Lights Out / PLC			
2330	PLC			
2400				

CAMP RULE

1. GENERAL ADDRESS

- 1.1 All trainees must address all Scouter and service scouts "Instructors" or by their woodcraft name or "Sir / Ma'am".
- 1.2 Before the start of a lecture or fall in, duty patrol leader is suppose to lead all scouts to greet the instructors

2. PERSONAL BELONGINGS

- 2.1 All trainees are advised not to bring the followings:
- 2.2 Large amount of Cash
- 2.3 Jewellery
- 2.4 Portable Music Players
- 2.5 Food or Drinks
- 2.6 If any scouts were to bring the above items, they will need to surrender to the Camp Chief on the first day of the camp, failure to do so, they would be responsible for their own items, and no search attempt would be conducted. In addition, if they are discovered by any instructors, disciplinary actions would be taken against them.

3. DISCIPLINE

- 3.1 All trainees shall conduct themselves in a manner which honours the principle of the Scout Law and Promise.
- 3.2 No washing should be done after lights out.
- 3.3 No talking is allowed after light out and camp raiding is strictly prohibited.
- 3.4 After lights out no one is allowed to loiter around the camp site.
- 3.5 Trainees are reminded that they should only make use of the designated toilet.
- 3.6 All trainees are advised to be well discipline, polite well mannered and co-operative.

4. DRESS CODE

- 4.1 Uniform are to be worn as follows:
 - At the opening and closing of Camp.
 - Flag break and morning inspection.
 - All scouts are to tuck in their shirts throughout the camp.
 - Sandals & Slippers are only allowed during or after wash up; otherwise, shoes are to be worn throughout the program of the camp.

5. WHISTLE CODE

- 5.1 Whistle code will be used for the followings.
 - 5.1.1 Standard whistle - for assemble/Fall in.
 - 5.1.2 One long blast - Flag break/lowering.
 - 5.1.3 Two long blast - Calling Patrol Leaders.
 - 5.1.4 Three long blast - Change session.

6. FLAG-LOWERING CEREMONY

- 6.1 The flag-lowering ceremony is held at 6.00pm every evening.
- 6.2 Once the whistle is blown, everyone must face the direction of the flag and stand still in sedia position.
- 6.3 When the whistle is blown again, you can carry on with your program again.

7. LEAVING CAMP SITE

- 7.1 No trainees are permitted to leave the camp without the written permission of the Camp Chief.

8. FIRST AID/HEALTH

- 8.1 Trainees must report for sickness/accident no matter how light it may be.

9. PUNCTUALITY

- 9.1 All trainees are required to be on time for all sessions and the Patrol Leaders are responsible to see that there are no late arrivals.

10. GRACE

- 10.1 Duty Patrol Leaders is expected to say Grace before each meal.

11. TOILET

- 11.1 Camp programme requires all trainees to clean up the toilets every evening and end of the camp.
- 11.2 No unwanted things (shorts, T-shirt, brief, etc.) are to be thrown into the toilet bowl.

12. CAMP BOOK

- 12.1 Camp Book are to be carried at all sessions.

THE REVISED SCOUT PROGRAMME



The revised Scout Progress Scheme consists of four progressive tiers. Each tier corresponds to a development stage (Participation, Self-achievement, Leading and Challenging Oneself) of the young person during his or her four years in the Scout Troop. The proposed time to spend on each tier is a guide and adult leaders should tailor the programme in accordance to the young person's ability and character development.

There are 7 themes that spans across the tiers.

- Citizenship and Global Awareness
- Leadership and Interests
- Adventure and Outdoors
- Service and The Community
- Sports and Physical Recreation
- Inspirations, Beliefs and Attitudes
- Creative Pursuits

Upon completion of all the requirements in Discoverer, Explorer and Voyager, the scout will be awarded the respective progress badge. However, scouts are not restricted to participate only in the activities of their current tier and are able to pursue skills and knowledge from higher tiers without completing their current tier. For example, a scout who is currently pursuing the Discoverer badge may choose to take up a certified first aid course. This will enable him/her to concurrently learn the skill and knowledge required in helping him/her fulfill the First Aid and Self Care requirements in both Discoverer and Explorer tier.

Upon completion of the Voyager badge, the adult leader may nominate the young person for the Chief Commissioner's Award. For the attainment of the Chief Commissioner's Award, the young person is required to pass an interview conducted by a panel approved by the Scout Programme Council.

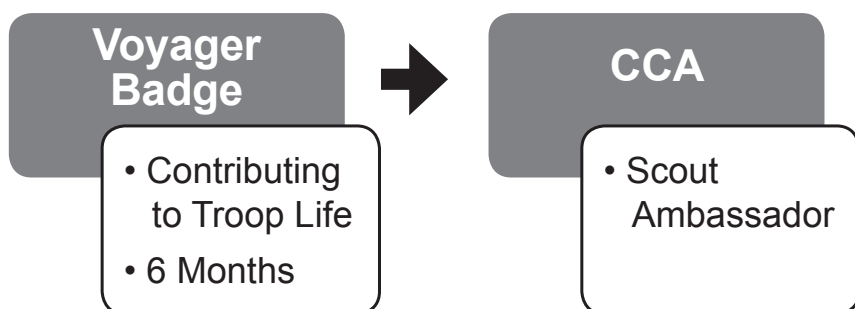
Learning Journal

Start a Scout Journal that keeps track of your journey in Scouting, detailing events that impacted your life, thoughts, reflections and notable interactions with other people. Journal should include Acts of Kindness you have observed, received or rendered. This journal will be reviewed at every end of tier, by your Scout Leader or his designate. The journal should include illustrations, paper clippings and any suitable forms of expression. The frequency of entries should be progressive and the questions and reflections should be progressively more demanding as the tiers go by.

Any written tasks from the Progress Badge Scheme can be inserted into the journal. This journal will form part of the evaluation for the highest award interview.

Conducting activities and lessons

Activities and lessons for the revised scout programme are encouraged to be conducted in patrols. As patrols comprise of scouts from different age, pursuing different tiers, this entails a different way of learning that scouts are accustomed to within the school system where activities are conducted with students in the same age and academic level. How can a patrol go about a lesson with members pursuing different tiers at the same time?



The following example will show how a patrol might conduct a first aid activity:

Tiger Patrol wants to conduct an activity on First Aid and Self Care (*under adventure and outdoor theme*) with its 8 patrol members. As First Aid and Self Care is a topic that will likely take a few sessions to complete, the patrol has opted to create an overall plan for the topic before they breakdown the plan into individual short activities. They took the requirements and envision roles for the different tiers that will help them clarify the activity description and learn from each other while each tier focuses on different skill and knowledge within First Aid and Self Care.

Patrol Members	2 Secondary one	2 Secondary two	3 Secondary three	1 Secondary four
Badge	Scout Badge	Discoverer	Explorer	Voyager
Requirements	Learn about basic self-care in outdoor settings.	Provide First Aid for commonly occurring physical injuries in an outdoor setting. (Cuts blisters, bruises, bee stings, etc.)	Be able to assess the basic health and safety needs for core scouting activities and make logistics preparations for them.	Be able to instruct (for Discoverer) or be responsible for first aid in any setting
Role	Participant	First Aider	Safety Officer	Activity instructor
Activity Description	1) Learn the context of the 3D2N camp from the voyager. 2) Learn the health and safety concerns from the explorer. 3) Learn the type of common injuries from the discoverer. 4) Create a simple self-care plan for yourself, including the personal equipment required for self-care.	1) Identify the common physical injuries in a 3D2N camp. 2) Identify the necessary skills and knowledge to treat the identified injuries. 3) Learn and demonstrate the skill and knowledge to treat the identified injuries. 4) Create a simple injury and treatment action plan for the 3D2N camp.	1) Learn the roles and responsibility of a safety officer in a 3D2N camp. 2) Assess the health needs of the camp. 3) Assess the safety needs of the camp. 4) Create a health and safety action plan for the 3D2N camp.	1) Set the context of the activity (I.e. 3D2N camp at Sarimbun) 2) Guide discoverer on how to identify the common injuries in a 3D2N camp. 3) Instruct discoverer on the first aid skills and knowledge required to treat identified injuries. 4) Guide the explorer on the differences between safety and first aid.
Additional Activity	Pack a Personal First Aid Kit (including self medications).	Pack a Patrol First Aid Kit that supports the common injuries identified.	Pack a Unit First Aid and Safety kit that is capable of supporting the health and safety needs of the camp.	

Annex A - Summary Matrix of Progress Badge Schemes (Scout v1.21, Venture Scout v1.4)

Theme	Sub Theme	Scout Badge (Participation) Initiation to Patrol Life 6 months	Discoverer Award (Self-Achievement) Participation in Patrol Life 12 months	Explorer Award (Lead) Building Patrol Life 12 months	Voyager Award (Extended Challenge) Group Life 6 months
Citizenship and Global Awareness	Citizenship	1a. Investigate the origins and meanings behind the National Symbols of your own country. 1b. Participate and understand the significance of Scout Ceremonies, including scout basic drills.	1. Articulate what you understand from the National Pledge and how you live out the aspirations espoused in the Pledge.	1. Hold at least ONE of the following proficiency badges: <i>Civics Proficiency or any National Campaign Badge.</i>	1a. Investigate ONE pressing issue that Singapore OR the World faces. 1b. Do a presentation to your Troop on the findings of your research. Suggest how Scouting can help to resolve/alleviate the issue.
	Global Awareness		2. Make friends with a Scout who has been to an International Scout Exchange Activity and record your findings in your Journal. OR Make friends with a Scout from another National Scout Organisation and find out more about Scouting in his or her country.	2. Participate in an International Exchange Activity . Discuss with your Patrol your experiences from the activity. Include in your discussion how you appreciated differences in how people from different cultures live. Record your discussion in your Journal.	2. Hold at least ONE of the following proficiency badges: <i>Conservator, World Friendship, World Scout Environment Programme</i>
Leadership and Interests	Leadership and Interests			1. Attend a Scout Leadership Course . 2. Discuss your overall proficiency badge attainment with your Scout Leader or his designate, in particular reflect and explore the idea of how these proficiency badges have broadened your interests and how you have continued these activities even outside of Scouting activities.	1. Hold at least ONE other proficiency badge of your choice. (This badge should not have been used to fulfil the requirements of any other section) 2. Nomination and Interview by HQ appointed panel upon completion of all Tier 4 requirements.
Adventure and Outdoors	First Aid and Self Care	1. Learn about Basic Self Care in Outdoor Settings.	1. Provide First Aid for commonly occurring physical injuries in an outdoor setting. <i>(Cuts, blisters, bruises, bee stings, etc.)</i>	1a. Be able to assess the basic health and safety needs for core Scouting activities and make logistics preparations for them. 1b. Hold the <i>First Aid or Life Saver II Badge</i> .	1. Be able to instruct (for Tier 2) or be responsible for First Aid in any setting.
Core Scouting Activities are: <ul style="list-style-type: none"> Camping Outdoor Exploration / Expedition Knotting & Pioneering Outdoor Cooking Participation will constitute involvement. Active role will constitute a degree of planning and involvement.	Core Scouting Experiences	2. Participate in at least ONE of the Core Scouting Activities with your Patrol. (Explanatory Note: Given that the objective of Tier 1 is to be initiated into Patrol Life and Scouting, a Scout should have an opportunity to participate in core Scouting activities so as to be integrated and engaged in Scouting life. These may be a sequence of activities under one core activity area, or a mix of activity areas.)	2. Play an active role in at least THREE Core Scouting Activities with your Patrol on a regular basis.	2a. Lead your Patrol in an Outdoor Exploration / Expedition OR Camp . 2b. Plan either an Outdoor Cooking OR Knotting & Pioneering activity for your Patrol.	2. Play an active role in the planning of an Outdoor Exploration / Expedition or Camp at Troop level
	Outdoor Electives	3. Participate in an outdoor activity of an adventurous nature lasting about THREE hours. <i>(Activities should not be one of the core scouting activities in no. 2)</i>	3. Participate in an outdoor activity of an adventurous nature lasting about SIX hours. <i>(Activities should not be one of the core scouting activities in no. 2)</i>	3. Hold at least ONE of following Outdoor and Adventure Proficiency Badges . <i>Abseiler, Angler, Air Navigator, Boat Puller I, Camp Cook, Camper, Canoeist I, Cyclist, Dragon Boater, Explorer, Naturalist, Pioneer, Rock Climber, Optimist I, Power Craft I, Sailor I, Skin Diver I, Scuba Diver I, Windsurfer I or Open Theme Collective Badge of an Adventurous nature.</i>	3. Hold an area of responsibility within the Troop for at least SIX months or hold ONE of the responsibility badges : <i>Camp Warden, Fireman, Quartermaster, Secretary, Race Management.</i>
Service and The Community	Service and The Community	1. With a fellow Scout, explore the area around your Troop's activity base, school or home.	1. Perform an act of service for the community.	1. Select a community and perform regular service to it taking at least EIGHT hours over at least FOUR separate occasions.	1. With up to THREE fellow Scouts, study the needs of a community and design a community service project or activity. Conduct the activity with the aid of members of your Patrol or your Troop.

Chief Commissioner's Award

Theme	Sub Theme	Scout Badge (Participation) Initiation to Patrol Life 6 months	Discoverer Award (Self-Achievement) Participation in Patrol Life 12 months	Explorer Award (Lead) Building Patrol Life 12 months	Voyager Award (Extended Challenge) Group Life 6 months
Sports and Physical Recreation	Teamwork Games	1. Participate in a Scouting game requiring teamwork during a Troop meeting.		1. Lead your Patrol in at least TWO Scouting games requiring teamwork during a Troop meeting and assist in the organisation of ONE Scouting game for your Troop.	
	Recreational Sports		2. Play a sport for recreation regularly.	2. Learn a recreational sport that is new or unfamiliar to you or hold any of the following proficiency badges: <i>Athlete, Master-at-Arms, Sportsman, Swimmer I.</i>	
	Fitness	3. Set a goal for physical fitness for a period of THREE weeks and participate in it regularly (no less than FIVE hours) to show improvement over this period.	3. Set a goal for physical fitness for a period of SIX weeks and participate in it regularly (no less than 20 hours) to show improvement over this period, with an understanding of how a balanced diet and sufficient sleep are important for a healthy body.	3. Set a goal for physical fitness for a period of TEN weeks and participate in it regularly (no less than 30 hours) to show improvement over this period, and understanding that smoking, alcohol and drug abuse are detrimental to a healthy lifestyle.	3. Conduct a sharing with your Troop or Patrol on how you have kept fit through your chosen activity and demonstrate understanding of the activity by sharing on the kinds of proper equipment needed, rules and mechanics, or conduct a session of the activity in your Troop or Patrol (if possible).
Inspirations, Beliefs and Attitudes	Beliefs	1. My Beliefs Share with your Patrol your beliefs and practices in your religion. <i>(choose any religion to research into if you do not have one)</i>	1. I Promise to Act Explain how the Scout Promise and Law can be a part of your daily life.	1. They Say, I Quote Collect inspirational and meaningful quotes on Scouting, Leadership, and Nature. Choose and share your favourite FIVE with your Patrol. Discuss why these quotes are meaningful to you and relate how they help you as a Scout.	1. Literature Review Review a speech, movie, book or play that has impacted you and explain how it has shaped your life's perspective.
	Attitudes	2. Thank You Note down acts of kindness towards you in your Journal. Write a letter of gratitude to someone whom you are thankful to in life.	2. Let's Celebrate Research with another Scout (preferably of another faith) on TWO religious practices or festivals of your respective faiths celebrated in Singapore. Present your findings to your Patrol.	2. Reflections Spend at least ½ hr in solitude in natural surroundings. Observe and feel with your senses. Record your observations and reflections.	2. I'm Your Mentor Be a buddy to a junior Scout in your Troop for at least THREE months. Share with him your experiences / perspectives on Scouting, and relate them to the Scout Promise and Law. Share the challenges you've faced and how you overcame them in the presence of a Scout Leader.
Creative Pursuits	Creative Pursuits	1. Take active part in ONE of the following activities with your Patrol:- - Perform in front of an audience. <i>OR</i> - Create a collaborative artistic piece . <i>OR</i> - Problem solving activity , which requires critical and creative thinking, effective teamwork and communication, time management and problem solving.	1. Complete ONE of the following activities: - - Put up a solo performance . <i>OR</i> - Create an individual artistic piece . <i>OR</i> - Write an article for your Unit or School newsletter or website on the benefits of Scouting, a recent activity, an unforgettable personal Scouting experience or interesting things about your Patrol. <i>OR</i> - Play a specific role within a problem solving activity , which requires critical and creative thinking, effective teamwork and communication, time management and problem solving.	1. Play a leading role in ONE of the following activities with your Patrol: - - Perform in front of an audience. <i>OR</i> - Create a collaborative artistic piece . <i>OR</i> - Problem solving activity , which requires critical and creative thinking, effective teamwork and communication, time management and problem solving.	1. Contribute to your Scout Group or your community with ONE of the following activities in a leading role: - - Organise a Scouts' Own including programme planning and selecting or writing prayers or music. <i>OR</i> - Promote a charity or its event through a newsletter, brochure, poster, video, website or mini-exhibition. <i>OR</i> - Design a new, or a new way to conduct a, Scout activity. <i>OR</i> - Design a new pioneering project to overcome a given challenge. <i>OR</i> - Produce a performance event including conceptualisation, auditions, rehearsals and stage management.

LESSON / ACTIVITY PLAN

Activity	
Date & Time	
Location	
Objectives <i>By the end of the lesson, the participants will -</i>	
Method / Instruction	
Practice & Application / Layout Plan	
Equipment	
Total Duration	
Prepared by	

LESSON / ACTIVITY PLAN

Activity	
Date & Time	
Location	
Objectives <i>By the end of the lesson, the participants will -</i>	
Method / Instruction	
Practice & Application / Layout Plan	
Equipment	
Total Duration	
Prepared by	

PL CHECKLIST

1. YOURSELF

No.	Questions	Rating		
		Good	Moderate	Weak
1	Do I get along well with my Assistant Patrol Leader?			
2	Do I try to do all the jobs myself?			
3	Have I set an example in the things I want them to do?			
4	Have I made progress in my own target work?			
5	Have I taken part in some activities in the last month where I controlled or planned?			
6	Did my Patrol have a lot of fun?			
7	Would my Patrol boys rather be with me or in another Patrol?			

2. THE PATROL

No.	Questions	Rating		
		Good	Moderate	Weak
1	Do we have our own Patrol corner in the Troop hall or our own Den / elsewhere?			
2	Has the Patrol met separately at least once a month?			
3	Do we have our own equipment?			
4	Did we maintain our own equipment?			
5	When was the last time we conducted our stock check?			
6	Do we have our own Patrol Funds?			
7	Is my Patrol wearing their uniforms correctly?			
8	Has every member of my Patrol been given a responsible job?			
9	Does my Patrol arrive on time and take full part in all troop and patrol activities?			
10	Has every member of my Patrol made some advancement in target work?			
11	Has the Patrol received target training from myself or other instructors during the last fortnight?			

3. THE GROUP

No.	Questions	Rating		
		Good	Moderate	Weak
1	Has there been Group Council in the past month?			
2	Did we have Patrol in Council meeting before the last Group Council?			
3	Do I represent the views of my patrol faithfully?			
4	Have I had some say in Troop activities?			
5	Has the Troop standard kept progressing?			
6	Has there been Patrol activities at most Troop meeting?			
7	Is my Troop very active and much more exciting than before?			
8	Has the Troop had an outdoor activity last month?			

4. YOU AND YOUR PATROL

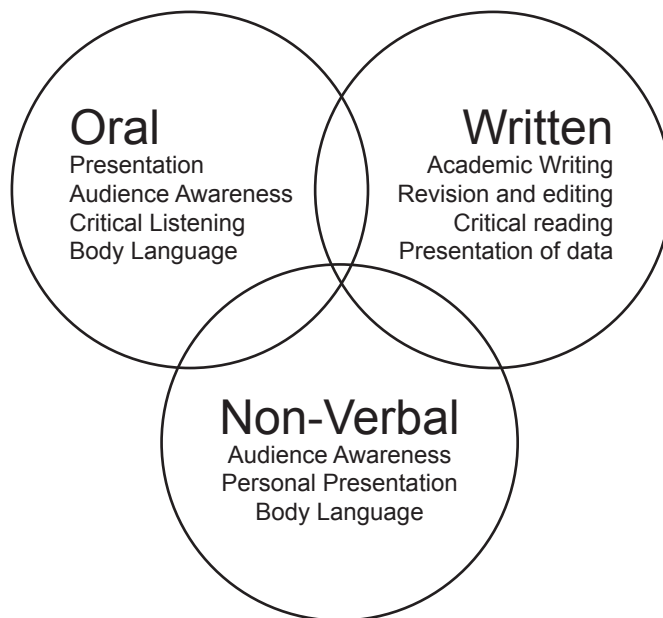
No.	Questions	Rating		
		Good	Moderate	Weak
1	Try by your own cheerful enthusiasm to make your Patrol the best at as many things as possible.			
2	Set everyone a good example by your conduct.			
3	Take a personal interest in everyone in your Patrol.			
4	Remember your first camp and give your first camper the encouragement he needs.			
5	Your fire is your chief servant and if you select a good place for him and treat him with care, he will save you many hours of futile effort.			
6	Give jobs to everyone in the Patrol and if necessary show them how to do them properly - the first time.			
7	Notice all good effort and be hardworking yourself.			
8	Give generous helpings of encouragement.			
9	Build a Patrol Spirit. Have a yell and a song.			
10	Enjoy yourself and the satisfaction of doing a man-sized job well.			
11	Find enough time to visit your Scouts "socially".			
12	Above all have a programme for good or bad weather.			

COMMUNICATION

You are strongly encouraged to take copious notes during sessions so that you...

- Benefit more from the session
- Can remember it better afterwards (even 7 months afterwards!)

Don't sleep!



Leadership Communication...
is like a



The Power of Charisma



Leadership Communication


Match method to: Purpose, Message, Situation



Leadership Communication: REFLECTION LOG

Make up a 'wise saying' about Leadership Communication. It can be funny, it can be silly, but it must be TRUE.


Rating my skills in LEADERSHIP COMMUNICATION


Put a big fat  where you rate yourself (be honest!)


SKILL	ARGH!!! (I'm lost...)	Not so Good	Decent	Pretty Good...	I ROCK!
SPEAKING TO PEOPLE I KNOW					
PUBLIC SPEAKING					
WRITING MY FEELINGS					
WRITING INSTRUCTIONS					
USING BODY LANGUAGE TO HELP COMMUNICATE					
LISTENING WITH EMPATHY					
READING					

My PREFERRED METHOD of Leadership Communication is....

Put a ✓ in the box

☐

☐

☐

Broadcasting

Relaying

The Quiet World

I like this method more than the others because...

▶

▶

▶

What are two things I would like to improve about my communication Skills?

✓

✓

Notes

Rating my skills in LEADERSHIP COMMUNICATION

Put a ✓ where you rate this person (be honest!)

Name of person being rated: _____

Name of helper: _____ (Can be optional)

SKILL	ARGH!!! (You're lost...)	Not so Good	Decent	Pretty Good...	You ROCK!
SPEAKING TO PEOPLE I KNOW					
PUBLIC SPEAKING					
WRITING MY FEELINGS					
WRITING INSTRUCTIONS					
USING BODY LANGUAGE TO HELP COMMUNICATE					
LISTENING WITH EMPATHY					
READING					

LEADERSHIP

You are strongly encouraged to take copious notes during sessions so that you...

- Benefit more from the session
- Can remember it better afterwards (even 7 months afterwards!)
- Don't sleep!



"Your natural inclination is to preach and to warn other travellers of snags in the path, but isn't it better to signal to them some of the joys by the way which they might otherwise miss?"

BP, Lessons from the Varsity of Life, 1934

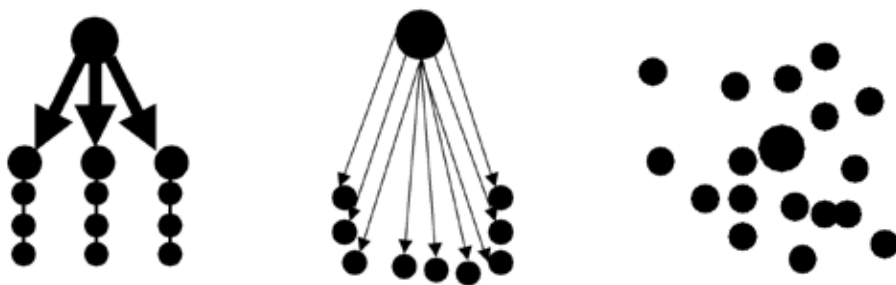
WHAT IS LEADERSHIP?

Leadership is the ability to **stimulate, motivate and influence** others to do work towards and achieve a common goal.

There are many types of leaders...

the Prime Minister, the school Principal, the Captain of a soccer team. In Scouting there are Scout Leaders, Assistant Scout Leaders, Patrol Leaders and Assistant Patrol Leaders.

Some models of leadership



"After forming a cadet corps of boys for assisting as non-combatants during a military campaign in 1900: We then made the discovery that boys, when trusted and relied on, were just as capable and reliable as men"

Interview with BP by Listener Magazine, 1937

A model for Scouting



Reflection *Blog*

"Know thyself, and you shall stand on the cusp of wisdom."





Inscription from the Temple of Apollo

Who is ONE person <u>you</u> know in real life who you regard as a good leader? Why?	The person is...	I regard him as a good leader because.....	
---	------------------	--	--

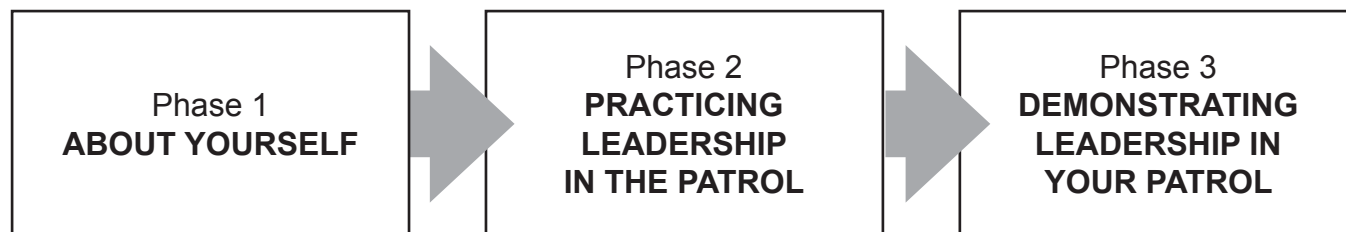
My styles and strengths

Put a ✓ where you yourself (*be honest!*)

... get honest friends to assess you too.

Style		Can't do it for nuts!	Fairly awful	Still can la...	I'm quite good...	I wrote the book on this.
	Tyrant!					
	Consulting					
	Delegating					
	Free-Rein and trust things work out.					

YOUR SLC JOURNEY BEGINS...



How this Journal is organized?

A journal is a personal record of occurrences, experiences and reflections or observations.

Journalling helps you to think back about the thoughts, actions and deeds that took place and provide you an avenue to write it down so that you can review it time and again as a reminder and a reference point of the type of Patrol Leader you want to achieve.

Throughout the SLC, you are expected to fill in the details at your own pace so that you can constantly learn to evaluate your goals and actions as well as your leadership knowledge, skills and attitude.

This journal is organized in three phases as follows:

Phase 1: About yourself

- What is leadership?
- Leadership quotes
- Why do I want to be a Patrol Leader?
- What is an ideal Patrol Leader?
- How can I be a Patrol Leader?

Phase 2: Practicing Leadership in the Patrol

- What is your goal(s) for the day?
- Activities Reflection
- Personal Reflection
- Understanding self and others

Phase 3: Demonstrating Leadership in Your Patrol

- Personal Evaluation
- Action Time
- Post-camp Reflection
- Scout Leader's Observation

What is Leadership?

Express the definition of leadership and what do you think is leadership to you.

PHASE 1 ABOUT YOURSELF

[illegible]

Leadership Quote:

Find a leadership quote that has a significant impact to you.

PHASE 1 ABOUT YOURSELF

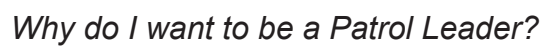
This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Write down examples of people and actions that demonstrate the qualities reflected in this quote.

[illegible]



PHASE 1
**ABOUT
YOURSELF**

[illegible]

What is an ideal Patrol Leader?

1. From the list, choose **10 of the most important qualities** that makes an ideal Patrol Leader
2. From the 10 choices, indicate which of those do you possess?



Charisma
Commitment
Communication
Competence
Courage
Discernment
Focus
Generosity
Initiative
Listening
Passion
Positivity
Problem Solver
Relational
Responsibility
Security
Self-Discipline
Servant hood
Teach ability
Vision

Confidence
Creativity
Intuition
Inspiring
Motivating
Assertiveness
Adaptability
Humility
Consistency
Fairness
Proactive
Respectful
Enthusiastic
Open-minded
Resourceful
Evaluative
Organized
Delegator
Authority
Democratic

How can I be a Patrol Leader?

1. Compare what you possess and the qualities of an ideal Patrol Leader, which of the qualities would you like to set as your goal(s) to achieve during the camp?

Choose 2 qualities that you would like to develop for each day.



Day 1	Day 2
A black diamond shape with the white text "SLC" inside.	

You have completed Phase 1 of SLC. Take some time to reflect on what you have done so as to understand how this helps you to be the ideal Patrol Leader that you want to be.

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

PERSONALLY

PHASE 2 PRACTICING LEADERSHIP IN THE PATROL

Project: _____

Date: _____ Time: _____

If Lord Baden Powell were to tell me something about my performance today...What would he probably say?

“

”

Did you achieve your goals?

Tomorrow will be an even better day?

1. _____

2. _____

3. _____

DAY ONE

AREA OF FOCUS



Role / Post: _____

REFLECTION

Did you achieve your goals for the day? If yes, how did you do it? If no, why not?

Recount an instance or instances that you have shown qualities of leadership today.

ATTITUDES AND SKILLS

HOW CAN I DO BETTER FOR DAY 2?



Value-based purpose:

1. Inspiring a shared vision with the members
2. Having the sense of ownership
3. Having the courage to lead
4. Having the endurance to overcome obstacles

Need to Do Less	Just Right	Need to Do More

Empowerment of Individuals:

1. Self-management skills
2. Setting the example by modelling the way
3. Representing the patrol
4. Having the confidence to lead
5. Internal motivation by encouraging oneself

Collaboration with others:

1. Relationship management skills
2. Knowing and understanding the patrol
3. Enabling and encouraging others to act
4. Giving information and communicating
5. Sharing leadership

Process of Learning by doing:

1. Challenging the process
2. Responsible decision-making
3. Creative and inventive thinking
4. Proactive learning and sharing knowledge
5. Drive to achieve

DAY TWO

AREA OF FOCUS



Role / Post: _____

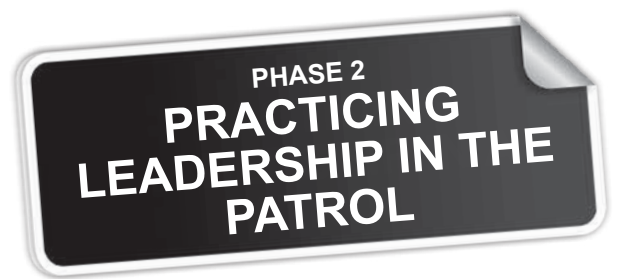
REFLECTION

Did you achieve your goals for the day? If yes, how did you do it? If no, why not?

Recount an instance or instances that you have shown qualities of leadership today.

ATTITUDES AND SKILLS

HOW CAN I DO BETTER FOR DAY 3?



Value-based purpose:

1. Inspiring a shared vision with the members
2. Having the sense of ownership
3. Having the courage to lead
4. Having the endurance to overcome obstacles

Need to Do Less	Just Right	Need to Do More

Empowerment of Individuals:

1. Self-management skills
2. Setting the example by modelling the way
3. Representing the patrol
4. Having the confidence to lead
5. Internal motivation by encouraging oneself

Collaboration with others:

1. Relationship management skills
2. Knowing and understanding the patrol
3. Enabling and encouraging others to act
4. Giving information and communicating
5. Sharing leadership

Process of Learning by doing:

1. Challenging the process
2. Responsible decision-making
3. Creative and inventive thinking
4. Proactive learning and sharing knowledge
5. Drive to achieve

DAY THREE



AREA OF FOCUS

Role / Post: _____

REFLECTION

Did you achieve your goals for the day? If yes, how did you do it? If no, why not?

Recount an instance or instances that you have shown qualities of leadership today.

POST-CAMP REFLECTION



1. What was the most meaningful experience I had during the camp? Why?

2. What are the 3 important lessons that I learnt during the camp? Why?

3. What are the 2 important lessons I feel most about? Why?

4. What is the 1 important lesson that I will share with my scout members about

PERSONAL EVALUATION

Reflection on your current personal leadership qualities by comparing with your previous days of camp.



1. Have you achieved your goals?

2. What have you strengthen?

3. What have you overcome?

4. What do you still lack in?

ACTION TIME

Think of the ways you can continue to practice your leadership skills, based on the following:



1. What can you do on your own?

2. What can you do with your patrol members?

3. What can you do in your Scout Troop?

Statement of Pledge for _____

[illegible]

[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

SONG

ABURAMUSH / THE COCKROACH (JAPAN)

Aburamush peep peep (2X)
Aburamush peep (2X)
Sodo mono kodomono
Aburamush peep peep

AMAZING GRACE

Amazing Grace how sweet the sound
That saved a wretch like me
I once was lost, but now am found
Was blind but now I see

T'was grace that taught my heart to feel
And grace my fears relieved
How precious did that grace appear
The hour I first believed

Through many dangers toils and snares
I have already come
T'was grace hath brought me safe thus far
And grace will lead me home

When we've been there ten thousand
years
Bright shinning as the sun
We've no less days to sing God's praise
Than when we'd first begun

A NEW FRIEND FOUND

As I walk to the left
And I walk to the right
And I walk, and I walk
And I walk all night
On a toe and a heel
And a half turn round
On a toe and a heel
And a new friend found

AULD LANG SYNE

Should auld acquaintance be forget
and never brought to mind?
Should auld acquaintance be forget
and the day of auld lang syne?
For auld lang syne! my dear,
for auld lang syne!
We'll take a cup of kindness yet
For auld lang syne

BOGIE DANCE

Put your right hand in and put your right
hand out
Put your right hand in and you shake it all
about
and you do the hokey pokey bogie
and you turn around
and that's what all about

Left hand, Right leg, Left leg, Whole self.

B.P.'S SPIRIT

I've got the B.P. Spirit
Right in my head
(repeat 3x)
I've got the B.P. Spirit
Right in my head
Right in my head to stay

Deep in my heart
All round my feet
All over me

BY THE BLAZING COUNCIL FIRELIGHT

By the blazing council firelight
We have met in comradeship tonight
Round about, the whispering trees
Guard our golden memories
And so before we close our eyes to sleep
Let us pledge each other that we'll keep
Scouting friendship strong and deep
Till we meet again

BY THE LIGHT OF THE SILVERY MOON

By the light of the silvery moon (not the
sun but the moon)
I want to spoon (not the fork but the spoon)
To my honey I'll croon love's tune
Honey moon,
Keep it shinning in June (not in May but in
June)
Your silvery beams will bring love dreams
We'll be cuddling soon (not too late but
too soon)
By the silvery moon

CAMPFIRE'S BURNING

Campfire's burning, campfire's burning
Draw nearer, draw nearer
In the glooming, in the glooming
Come sing and be merry

CANADIAN VESPER

Softly at the close of the day
As our campfire fades away
Silently each Scout should ask
Have I done my daily task
Have I guiltless sleep tonight
Have I done and have I dared
Everything to be Prepared

CANNIBAL KING

A cannibal king with a fat nose ring
Fell in love with a hula dame
And every night, on a moonlight night
Over the lake he came
He hugged and kissed his pretty little miss
Under the bamboo tree
And every night on a moonlight night
It sounded like this to me
Aroom aroo
Aroom Doola Doolay eh eh

CHESTNUT TREE

Under the spreading chestnut tree
I will take you on my knee
Oh how happy we should be
Under the spreading chestnut tree

DI SINI SENANG

Di sini senang - Di sana senang
Di mana mana hati ku senang
(Repeat)

Yippi yai (clap clap) Yippi Yai (click click)
Yippi yai yai Yippi Yai
(Repeat)

EDELWEISS

Edelweiss, Edelweiss, every morning you
greet me
Small and white, clean and bright you look
happy to meet me
Blossom of snow may you bloom and grow
Bloom and grow forever
Edelweiss, Edelweiss
Bless my homeland forever

ELEPHANT DANCE

One elephant begin to dance
Up on the spider web one day
He found it such enormous fun
That he asked another elephant to dance

EPPO

O eppo e tai tai ei-ya (2X)
O eppo e tai tai
Eppo e tooki tooki
Eppo e tooki tooki ei-ya

FATHER ABRAHAM

Father Abraham had seven children
Seven children had father Abraham
One of them was tall
And all the rest were short
But none of them was bright

Raise your right
Raise your left
Step your right
Step your left

FIVE HUNDRED MILES

If you miss the train I'm on
You will know that I am gone
You can hear the whistle blow, a hundred
mile
A hundred mile (4X)
You can hear the whistle blow, a hundred
mile

Lord I'm one, Lord I'm two, Lord I'm three,
Lord I'm four
Lord I'm five hundred miles away from
home

Not a shirt on my back not a penny to my
name
Lord I can't go back home this a way

This a way (4X)
Lord I'm five hundred miles away from
home

SONG

FLEA FLY FLO

Flea, Flea fly, Flea fly flo, Vista !
Coomalah, coomalah, coomalah vista !
Oh no no no not the vista
Eeny meeny decimeeny oooua-loo-la-meeny
Acimeeny, Zalimeeny oooua-loo-a-lah
Beat bilee od'en dod'en, Bo bo ber did'en
dad'en

FLEA FLY MOSQUITO

Flea, Flea, Fly, Flea fly mosquito
Calamine, calamine lotion
Calamine, calamine, calamine lotion
Oh, no more calamine lotion
Itchy, itchy, scratchy, scratchy
Up and down my backy wacky
Itchy, itchy, scratchy, scratchy
Up and down my backy wacky
Beep went the bug when I sprayed him
with my spray can
PShhhhhhhhhhhhh

GAKO THE FROG

Kaeru no yo mawari
Gako gako geko piong piong
Hapa luke Hapa luke
Gako geko piong
Gako piong geko piong
Gako geko piong
Gako gako ga
Piong ko piong ko piong
Geko geko ge
Piong ko piong ko piong
Gako piong geko piong
Gako geko piong

GING GANG GOOLIE

Ging gang goolie goolie goolie goolie
watcha
Ging gang goo Ging gang goo
(Repeat 2x)

Heyla, O Heyla shey la, O hey La shey la
hey la ho
Heyla, O Heyla shey la, O hey La shey la
hey la ho
Shalliwalli, Shalliwalli, Shalliwalli
Oompah, Oompah, Oompah, Oompah

GOODNIGHT BROTHERS

Goodnight brothers, Goodnight sisters
Goodnight brothers, we're going to leave
you now
Merrily we roll along, roll along, roll along
Merrily we roll along, over the deep blue
sea

HAKALUSE

Hakaluse le man abudah
Abudah le man hakaluse
(Repeat 2x)
Zoom gali gali gali zoom gali
Zoom gali gali gali zoom gali gali

I'M A TEXAS

I'm a Tex (2X) I'm a Texas Scout
And I come from the country
where the cowboys are,
I can swim, I can run
I can throw my rope around
I can shoot very well with my six shooter
gun

LEFT RIGHT DANCE

As we walk to the left, as we walk to the
right
As we walk , As we walk, as we walk all
night
with a heel and a toe and a half-round turn
with a heel and a toe and a new friend is
found

LAND OF THE SILVER BIRCH

Land of the Silver Birch
Home of the beaver
Where still the mighty moose
Wanders at will

Chorus :

Blue lakes and rocky shores
I will return once more
Boom-di-di-di-ai-di (3X) boom

My heart is sick for you
Here in the low lands
I will return to you
Hills of the north

Swift as a silver fish
Canoe of birch bark
Thy mighty waterways
Carry me forth

There where the blue lakes lie
I'll set my wigwam
Close to the water's edge
Silent and still

LONG-LEGGED SAILOR

Have you ever ever ever in your long-
legged life
Seen a long-legged sailor with a long-
legged wife
I have never never in my long-legged life
Seen a long-legged sailor with a long-
legged wife

MABOLEH

Maboleh ka-va
Maboleh ka-va
Maboleh
O cher boh cher o kwee

MAKITONG

Tong, tong, tong, tong
Makitong kitong
Alimango sa suba
Dibantong ada lima kuha
Aku-re maka koha
Aku-re maka soha
Tong, tong, tong, tong

MASA BILI

Masa bili bili bili
Masa bili om cam pa
(Repeat)
Om cam pa sarina pooni
Om cam pa sarina pooni

E naka dina dina dina
E naka dina om cam pa
(Repeat)
Om cam pa sarina pooni
Om cam pa sarina pooni

MOONLIGHT BAY

We were sailing along on the moonlight
bay
We could hear the voices singing
They seem to say
You have stolen my hearts now don't go
away
As we sing our old sweet song on the
moonlight bay

MY BONNIE

My Bonnie lies over the ocean
My Bonnie lies over the sea
My Bonnie lies over the ocean
Oh bring back my Bonnie to me

Chorus :

Bring back, oh bring back
Oh bring back my Bonnie
To me, to me
Bring back, oh bring back
Oh bring back my Bonnie

Last night as I lay on my pillow
Last night as I lay on my bed
Last night as I lay on my pillow
I dreamed that my Bonnie was dead
(Chorus)

SONG

PASS IT ON

It only takes a spark, to get the fire going
And soon all those around, can warm up in
it glowing
That's how it is with God's love, once you
experienced it
You'll spread His love, to everyone
You want to pass it on

What a wondrous time is spring
When all the tree are budding
The birds begin to sing, the flowers start
their blooming
That's how it is with God's love, once you
experienced it
You want to sing, It's fresh like spring
You want to pass it on

I wish for you my friend, the happiness that
I've found
You can depend on Him, it matter not
where you're bound
I shouted it from the mountain top, I want
the world to know,
The LORD of Love has come to me, I want
to pass it on

PEACE LIKE A RIVER

I got peace like a river (3X) in my soul
(Repeat)

I got joy overflowing...
I got Life everlasting...

PEARLY SHELL

Pearly shell, by the ocean
Shinning in the sunlight, covering in the
shore
When I see them
My heart tells me I love you
More than all those little pearly shells

ROCK A MY SOUL

Rock a my soul in the bosom of abraham
(Repeat 3x)
Oh ! Rock a my soul

Too high, I can't get over it
Too low, I can't get under it
Too wide, I can't get around it
Oh ! Rock a my soul
Rock my soul (3x) Oh ! Rock a my soul

SCOUTING LIGHT

This is the Scouting light of mine
I'm going let it shine
(Repeat 3x)
Let it shine, let it shine all the time

All round the neighbourhood
Please do not blow my light

THE LITTLE FROG

The little frogs (2X)
They are a happy crowd

Chorus :

Koo Wak Kwak Kwak (2X)
Koo Wak Koo Wak Koo Wak

They have no tails (2X)
They Shout out very loud

THOUSAND LEGGED WORM

Say a thousand legged worm, as he gives
a little squirm
Have you seen this little leg of mine?
If it can't be found
I shall have to hop around on my nine-
hundred and ninety-nine

Hop around, hop around
Have you seen this little leg of mine?
If it can't be found
I shall have to hop around on my nine-
hundred and ninety-nine

THREE LITTLE DUCKS

Three little ducks that I once knew
Fat ones, skinny ones, two by two
But the one little duck with the feather on
its back
He ruled the other with a quack quack
quack

Down to the river they would go
Wobble wobble wobble wobble to and fro
But the one little duck with a feather on its
back
He ruled the others with a quack quack
quack

TREK CART SONG

Over hill, over dale
Till we hit the mountain trail
And our trek cart goes rolling along
In and out, hear them shout
“Gee” I’m glad that I’m a **SCOUT**
And our trek cart goes rolling along

Chorus:

Then a hi hi hey! that’s the life for
me
Start the day and end it with a song
Wherever you go; you will always
know
That our trek cart goes rolling along
Keep it rolling!
As our trek cart goes rolling along

UNDER THE BROWN BUSH

Under the brown bush under the tree
Johnny broke a bottle and he blame it on
me
I told my Papa
I told my Mum
Johnny got a spanking on his cha cha cha

VINI VINI VINI

Vini, vini, vini, vini
Vana, vana, vana, vana
Ta lusi ta lusi eh
Vini, vini, vini, vini
Vana, vana, vana, vana
Ta lusi ta lusi eh
Ta lusi ompah
Ompah ompah ompah-pah

WANA WANA WAKI

Oh wana wana waki wa wa
Wana wana waki wa wa
Ai ai ai ippy ai ai ai
Ai ai ai ippy ai ai ai
Ai ya ai ya ai ya ai ya
Ohhhhhh

X SPEAKS THE MUSICA

X speak the musica, compos sita rondah
Whoops come villa, with his zoombaza

Chorus :

zoomba, zoomba, zoombaza
(Repeat 4x)

Whoops come villa, with his viola
Whoops come villa, with his trumpetta
Whoops come villa, with his ting-tong-cha
.....

YELL

ADIJI YELL

Adiji, adiji, ah oh ah
Adiji, adiji, zis boom bah,
Ah oh ah, zis boom bah, rah rah rah

CHIKALAKA YELL

Chikalaka, Chikalaka, chow chow chow
Pokalaka, Pokalaka, bow bow bow
Chikalaka chow
Pokalaka bow
Chikalaka Pokalaka
Chow Kway Tiao

CRACKER YELL

Plick pluck, plick pluck, pong pong pong
Plick pluck, plick pluck, pung pung pung
Plick pluck pong, plick pluck pung
Plick pluck, plick pluck, ping pong pung

ONION YELL

Onion onion pu pu pu
Bawang bawang tu tu tu
Onion pu
Bawang tu
Everybody heard the pu

THE SCOUT PROMISE

On my honor
I promise that I will do my best -
To do my duty to God and to the Republic of Singapore.
To help other people and
To keep the Scout Law.

THE SCOUT LAW

A Scout is to be trusted.
A Scout is loyal.
A Scout makes friends, establishes and maintains harmonious relations.
A Scout is disciplined and considerate.
A Scout has courage in all difficulties.

THE SCOUT HYMN

Now as I start upon my chosen way,
In all I do, my thoughts, my work, my play,
Grant as I promise, courage new for me
To be the best, the best that I can be.

Open mine eyes to see things as I should,
That I may do my daily turn of good,
Let me be ready, waiting for each need
To keep me clean in thought and word and deed.

So as I journey on my chosen way,
In all I do, my thoughts, my work, my play,
Grant as I promise, courage new for me,
To be the best, the best that I can be.