# How to lead a session

### **Methods of Leadership communication**







Broadcasting Relaying The Quiet Word

Organise	Structure	Presentation
<ul> <li>Determine session goals</li> <li>Make sure you have your own facts straight!</li> <li>Get help where you need it.</li> <li>Always remember that only the effort needs to be perfect; the "show" doesn't always have to be.</li> </ul>	<ul> <li>Clear, sensible sequence to your session.</li> <li>Keep within the time limit.</li> <li>Match the delivery method to your task.</li> <li>Rehearse! <ul> <li>alone;</li> <li>with a trusted friend</li> </ul> </li> </ul>	<ul> <li>Be honest</li> <li>Be humble</li> <li>Be serious</li> <li>Be clear in your speech</li> <li>Be moderate in your speed</li> <li>Be aware of the time</li> <li>Be conscious of the audience falling asleep That's your cue to do something dramatic!</li> <li>Be prepared</li> </ul>
First rule of presentations:  "Preparation brings confidence"	2 <sup>nd</sup> rule of presentations: "Preparation brings success"	3 <sup>rd</sup> rule of presentations: "Good preparation can make up for bad showmanship, but not the other way around."

# **BASE SYSTEM**

#### 1. WHAT IS BASE SYSTEM?

- 1.1 A training method in which the participants, usually divided into a number of small groups (6 to 8 persons), visit a series of bases or places, spending a limited period at each.
- 1.2 By having as many bases as groups, it is possible for the groups to move from base to base without pause. At each base there is a short training session.
- 1.3 The training sessions for the bases are normally chosen as to provide accumulative training in a particular aspect of skill training. Practical activities such as rope work, camperaft, map & compass exercise and demonstration of proficiency badges.
- 1.4 For example a series of four bases on Rope work viz.:
  - 1.4.1 Base 1 Care & Maintenance of Rope.
  - 1.4.2 Base 2 Diagonal & Square Lashings.
  - 1.4.3 Base 3 Sheer & Figure of Eight Lashings.
  - 1.4.4 Base 4 Anchorage & Guylines.
- 1.5 The method usually used at each base however is of the demonstration type.

#### 2. OTHER SKILLS TRAINING BY BASE SYSTEM

2.1 Base system is a good method to use in the training of the skills required in the Progress Standard schemes and in some of the proficiency Badge Schemes.

#### 3. ADVANTAGES OF BASE SYSTEM

- 3.1 A comparatively small group of participants can observe closely at the subject being demonstrated and therefore they receive a personal experience.
- 3.2 The burden of demonstration and instruction is shared by several leaders.
- 3.3 Because the group is small, there is more personal contact between the leaders and the boys.
- 3.4 More individual attention can be given to the slower ones.

# **BASE SYSTEM**

#### 4. LIMITATION OF BASE SYSTEM

- 4.1 It is not a good method to be used for any session that has an inspiration content (e.g. The Scout Promise & Law, History and Purpose of Scouting).
- 4.2 It needs ample space for the bases to operate.
- 4.3 It needs capable manpower to operate the bases.
- 4.4 It requires sufficient equipment for the bases.

### 5. PREPARATION, ARRANGEMENT & REQUIREMENTS

- 5.1 Bases must be set up in advance and must be clearly marked.
- 5.2 Bases must be properly equipped.
- 5.3 Any exhibit must be sensible, interesting and practical.
- 5.5 Each base must have an instructor. The instructor must be cleared of their own base.
- 5.6 Objectives must be shared at individual base.
- 5.6 Movement from base to base must be properly arranged (clockwise direction) and must be done smartly and good order.
- 5.7 Signals for "stop work" and "move on" should be clearly understood by the participants and the leaders of the bases.
- 5.8 Bases should be within reasonable distance apart but out of "voice sound range" to prevent any undue distraction.

#### 6. CONCLUSION

6.1 After all the bases have been visited by the boys, reassemble them to see if they have any general questions.